

LYNFIELD COLLEGE

NEWSLETTER 5

10 May 2018

Coming Events:					
Week 2	Thu 10 May	BLOOD DONOR DAY Pasifika Fanau Evening, 6 – 7.30pm Hall			
Week 3	Mon 14 – Fri 18 Tue 15 Wed 16 Thu 17	In-class priorty time – students should not make external appointments during school time Ramadan begins (approx. date) <i>Gifted and Talented Education Conference – GATE</i> <i>12&13ENC - Auckland Writers Festival</i> Senior Mathematics Competition <i>9HL & 10ST – Auckland Writers Festival</i> Y11 InZone Careers Coach on site			
	Fri 18 Sat 19	Pink Shirt Day – gold coin donation Model United Nations Assembly, Auckland Girls Grammar School (MUNA) MUNA at AGGS			
Week 4	Mon 21 – 25 Mon 21 Tue 22 Thu 24	In-class priorty time – students should not make external appointments during school time ASD Junior Open, Round 4, 4.30 – 6.30pm Junior Quizzex, lunchtime Year 13 Careers Expo, Periods 2 - 4			
Week 5		SENIOR ASSESSMENT WEEK Samoan Language Week PPTA Paid Union Meeting 1.30 – 3.30pm			
Week 6	Mon 4 Tue 5	QUEEN'S BIRTHDAY – public holiday, school closed Y12 Attitude Presentation Period 1, following assembly			
	Fri 8 – Sat 9 Jun	LYNFIELD COLLEGE 60 th REUNION			
Week 7	Fri 8 – Sat 9 Jun Sun 10 – Fri 15 Tue 12 Thu 14 Sat 16	LYNFIELD COLLEGE 60 th REUNION 13PHE – Hillary Outdoor Education Centre 12ESS – Piha Trip ICAS Writing Competition, Period 2 Ramadan ends TBC			
Week 7 Week 8	Sun 10 – Fri 15 Tue 12 Thu 14	13PHE – Hillary Outdoor Education Centre 12ESS – Piha Trip ICAS Writing Competition, Period 2			
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Dear Parents/Caregivers

On the last Friday of Term 1, a group of Lynfield College students flew to China for a two-week cultural exchange. They were accompanied by Ms Fang, Mr Christie, Mr and Mrs D'Souza. It was a fantastic opportunity for the students to experience Chinese culture first hand and further develop their Chinese language skills whilst staying with their homestay families. Feedback from the students is contained in this newsletter. Our thanks go to the staff members who went on this exchange, in particular to Ms Fang for the enormous amount of organisational work that goes into making a trip like this a success.

Congratulations to staff member Ms Heike Zimmer who is one of only three teachers in New Zealand to receive a prestigious teacher professional development award, funded by the Goethe-Institut. Heike will be in Munich, Germany this term, attending PD seminars with colleagues from around the world, on the latest pedagogy for second language instruction specifically for young people 12 - 19 years old.

Jia Dua, Deputy Head Girl 2017, has received a prestigious Robertson Scholarship to study in the US. Jia will take up her scholarship to study at Duke University, a leading private university in Durham, North Carolina. We congratulate Jia on this fantastic achievement and wish her every success in her future studies.

On Wednesday 2 May, I had the pleasure of representing the school at the 2017 Top Scholar Award presentations, Grand Hall, Parliament Buildings. Karan Kalsi (Year 13 2017) was recognised as being one of the Top Scholars after achieving 1st in New Zealand for Scholarship Geography. Unfortunately, Karan was unable to attend himself owing to a family bereavement.

On Friday 18 May our students will hold a Pink Shirt mufti day in support of diversity and making a stand against bullying. There will be a range of activities held on the day. This will be a gold coin donation event and funds raised donated to the Mental Health Foundation.

There will be a PPTA paid union meeting for teaching staff on Wednesday 30 May and Junior students will be released at 12.40pm on that day. This coincides with a period of senior internal assessment and any assessments scheduled for that day will still be running.

C M Knell Principal

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Student Leader Profile – Academic Captains

Greetings, Kia Ora and most importantly, thank you. Our names are Shreya Singaraju and Krishen Chovhan and it is our honour to have been elected as your 2018 Academic Captains. For us, this is incredibly humbling and we would like to take this opportunity to extend our gratitude to our teachers, peers and parents who have not only supported us but have also trusted us to undertake such a prestigious role and the responsibilities that come with it. Thank you for being with us, pushing us towards our goals and for helping us understand the value of community. This is why our motivation is to ultimately give back to the school. The role of being the 'Academic Captains' were big shoes to fill, and we both stepped into them with little to no knowledge of what our roles entailed. However, the invaluable support and guidance we have received cannot go unnoticed and we are extremely grateful to those who have been acting as our 'light'. Now, with a more comprehensive understanding of what we have been assigned to undertake, our goals and ambitions for this year reflect a running legacy and further growth of the academia of our school. This year we aim to raise the Academic profile of Lynfield College in a number of ways. Our first port of call included sending out Endorsement letters to our NCEA Level 1 & 2 achievers. We were incredibly impressed with the high level of effort our students put in, evident in the extremely large pile of letters we both had to sign. Our next directive was the formation of the 2018 Academic Council.



The smoothly running council would not be possible without the help of our Deputy Academic Captains, Yong Shan Zhao and Kevin Chen. Kevin and Yong Shan have been working hard and we are grateful to have them on this journey.

With these stepping stones out of the way, this now leaves room for focusing on our long-term goals and what we would like to see implemented. We have recently been working on the Learning Charter for, specifically, our junior cohorts. The Learning Charter supports the core values we hold as a school to and enrich our learning environment. We find this fundamentally important in carrying essential student-learning habits throughout the course of high school from our junior years through to our senior years. Aside from working on the Learning Charter, we also have the upcoming junior and senior Quizzex in Terms 2 & 3. Our Academic Council has been working hard to ensure it is a smooth running and entertaining event. We are also working hard on a new proposal for an 'Academic Week', organising guest speakers and taking feedback from both students and teachers. We have a busy year planned but we are so excited to work with all the wonderful people on our team and to face the inevitable challenges coming our way. We hope to grow from the legacy left by our previous Academic Captains and leave a lasting legacy of our own. Ultimately, our goals and ambitions are in the best interest of our peers and the College, and we hope to successfully achieve these. From Krishen and Shreya, we thank you for giving us this valued opportunity and fingers crossed we will do you proud.

Auf Wiedersehen und bis bald!

Over a week has passed since our German exchange students from Ernst-Haeckel Gymnasium flew home to Werder, and it's crazy to think that after living with someone for 3 weeks, I won't see her again for a whole year.

When they arrived, I was really excited to meet my exchange partner, Gina and make some new friends, but at the same time, I was nervous and had no idea what to expect. The first week was spent around the College and looking at local sights like Piha, Arataki, Rangitoto, and more. In the second week, the German group spent a week touring New Zealand's North Island. In the last week, they got to see more of Auckland and also spent a lot of time with the host families.

For me, the best part of the exchange wasn't going to interesting places, but introducing someone to a new culture and experiencing theirs as well. On one night I took Gina to the supermarket, and all the things that are normal to me were so foreign to her. At one point she held up a bottle of tomato paste and just laughed and I was so confused. Another time her and my friend's exchange partner made dinner for me and my friend, and I found it so interesting to have a small insight into their culture.

Overall, it was such a rewarding experience to be able to introduce someone to what my life is like and hear about what theirs was like too. I can't wait for the opportunity to go to Germany in a year's time and visit the new friends I've made and make some memories of my own.

Rachel Barrowman, 12PR





Upcoming Career Event

All Year 13 students will be visiting the New Zealand Careers Expo at the ASB Showgrounds on Thursday 24 May, departing school at 10am and returning at 12.40pm. Year 13 form teachers will be supporting their Y13 form class when they attend. The Careers Expo is a one-stop shop for careers advice and information from the widest range of employers, training providers and industry bodies. Full details of all exhibitors are listed at http://www.careersexpo.org.nz/auckland-2018 The World of Work exhibit is designed to showcase the many pathways from school into the workforce. With practical ideas on getting yourself work ready and improving your chances of landing the job you really want. For students to get the most out of their time at expo, a 2018 student passport is available www.careersexpo.org.nz/schools/resources

The Careers Expo is open, at the ASB Showgrounds Greenlane, to the public at the following times: Thursday 24 May: 10am – 3pm and 5pm – 7pm Friday 25 May: 10am – 3pm Saturday 26 May: 10am – 3pm

Breaking news!

For the first time, Auckland JOBFEST will be operating upstairs on Thursday 24 May (10am-3pm and 5pm-7pm) presenting a great opportunity for students to interact with employers of some of Auckland's largest organisations. <u>www.jobfest.co.nz</u>

PLEASE SEE OUR SCHOOL CALENDAR FOR UPCOMING EVENTS - ON THE WEBSITE AND PARENT PORTAL

https://lynfield.mystudent.school.nz/calendar

2018 China cultural Exchange – Student Feedback

The trip was a memorable one for all of us. It allowed us to experience Chinese culture and learn about how Chinese people live their every-day lives, courtesy of our very welcoming host families.

We arrived in the mega city of Shanghai, an amazing city filled with great food, people and sights. It was definitely the most diverse place that we visited with people from all parts of the globe living there. Here we viewed the towering glass skyscrapers and even travelled up to a 100-storey floor - it was a little terrifying staring down through the glass floor but the amazing view of the city was mesmerising from such heights.

From Shanghai, we took the bus to Hangzhou, where we were welcomed by friendly students and teachers at Greentown our sister school. Our first meeting with our homestays saw us watching the school's afternoon lawn music. It was great seeing the Greentown students up on stage and singing for their peers. The homestays themselves were fabulous, and we had so many new food and cultural experiences! But, as a group we can all agree that we are so pleased our school in NZ doesn't start at 7.30am and finish at 4.50pm! The students we met were so friendly and we will keep in contact with them in the future.

Anji was our next destination. A memory we cannot forget was Hello Kitty Hotel. We made the most of our one night stay in this luxury hotel where we felt like royalty, pampered with trips to the indoor swimming pool and the magnificent breakfast that was served - pancakes and Danish pastries! In the beautiful city of Anji we explored a vast bamboo forest, where tall green trees covered the slopes of an enormous mountain, which many in our group managed to climb. It was also very interesting to see how the people living in the area were able to make so many objects such as furniture and toys just out of bamboo.

Our final destination was Beijing - never have we done so much shopping in our lives! From silk to electronics to souvenirs and all the (imitation) branded clothing in the world, we had such a blast bargaining with very persuasive shop owners! We also can't forget the Great Wall, where after a challenging climb, we could gaze out across the expansive Chinese countryside. It was a day we will always remember! The Forbidden City opened our eyes and gave us an insight into the past, where we felt more connected to China's long history. Not to mention, the architecture which was detailed and intricate.

Over the span of two weeks, we have all developed new friendships within our group and we can now proudly say we have friends back in China.

The 2018 China trip has been an unforgettable experience and a great learning opportunity for us all. Our time in the wonderful country of China will stay with us forever.











Student Executive attend ANZAC Day Ceremony

The College was well represented at the Anzac Day Service at May Road, by a large number of Student Executive members. Head Girl, Danielle Matthews delivered the Reading, members of the College Choir sang and Danielle and the Deputy Head students, Rishabh Baptista and Melina Samuels, laid the wreath.



Uniform

With cooler weather approaching, it is important that students are prepared for Terms 2 and 3 with winter uniform items. Please ensure as well that your child has wet weather gear to wear. We are often asked for dry clothing by students and this demand is not possible for us to meet.

Plain black shoes are the only shoes allowed - no boots, hightops or sports shoes. Winter jerseys, jackets, beanies and scarves are available from the uniform shop. Please note that items are to be worn as designed - for example, the girl's senior pencil skirt is to be worn at knee length and if shortened will have to be replaced. From Term 2 we will send senior students home if they are incorrectly dressed so that they can change into the correct uniform. Students are not permitted to wear non-uniform jackets or hoodies to school. A limited amount of second-hand uniform is available from our uniform shop.

We are in need of school jerseys and jackets to loan to students who because of financial hardship do not have them. If you have any of these items which are no longer required by your family we would appreciate having them. You can deliver them to the reception desk at any time during the school day.

Please make sure all uniform items are clearly named so that lost items can be returned.

Thank you for your support of the College.

NZQA Fees and Financial Assistance

NZQA fees are now appearing on the portal and can be paid by credit card online or by Direct Credit into the school's bank account with your student's ID as a reference. Paper invoices will be issued this term.

The fees should be paid by 6 July, the end of Term 2.

NB: The NZQA fee is a flat fee to cover all entries, regardless of how many/few there are. Adding or removing entries for standards during the year will not alter the fee.

The fee for a domestic student is \$76.70. For an international student it is \$383.30. Scholarship entries cost \$30 per subject for domestic students and \$102.20 per subject for international students. Scholarship entries will be decided later in the year when student progress has been more completely assessed. Please DO NOT pay for Scholarship entries until you have been invoiced for them. They will be reflected in an adjustment to the NZQA fee.

To apply for financial assistance, a form must be completed. If you received financial assistance last year, it does not automatically carry over. A new application form must be completed each year.

Financial Assistance application forms are available from the Deans' Secretary, or online at: <u>http://www.nzqa.govt.nz/assets/qualifications-and-standards/qualifications/ncea/Application-For-Financial-Assistance.pdf</u>

Financial assistance application forms should be returned to Mr Delgrosso or the Deans' Secretary.

To be eligible to apply for financial assistance you must be the fee-payer (usually the Parent/Caregiver) and meet at least one of the following criteria:

- Be currently receiving a Work and Income or Study Link benefit, or have a current Community Services Card (known as "benefit-based" applications).
- Are not currently receiving a benefit, or do not have a current Community Services Card, but do have a joint family1 income that would entitle you to receive a Community Services Card (known as "income-based" applications).
- Have two or more children who are candidates, irrespective of family income, and the total fees you would have to pay
 would otherwise be more than the \$200 multiple candidate maximum (known as "multiple candidate" applications). [In
 effect, this means three or more children who are candidates as two candidates generate combined fees of \$153.40, which
 is below the \$200 threshold. If Scholarship entries are involved, the fees for two candidates may exceed \$200.]

More details are available at: http://www.nzqa.govt.nz/ncea/entry-into-ncea/fees-for-ncea/financial-assistance/

Financial assistance reduces the fee to \$20 per candidate or \$30 per family. This fee also covers Scholarship entries.

Once the Financial Application form has been processed by the school, the NZQA fee will be updated on the portal. It is very helpful if the \$20 (or \$30) fee is brought to school when the application form is returned. In this way, we are able to process the updating of the fee and the payment at the same time.

If you have any questions, please contact Mr Delgrosso - Phone 627 0600 Ext 728 or rdelgrosso@lynfield.school.nz

Cup / Trophy Return

If you have a cup or trophy which was awarded in 2017 (at Festival Awards, Senior or Junior prizegivings), please return them to the main reception in the Admin Building **as soon as possible**. It is NOT necessary to polish cups before their return. Thank you.

PhotoLife Online Ordering System

The Lynfield College class photos are available for you to view and order online with PhotoLife Studios.

Your son or daughter will bring home an online slip with their unique Shoot Key detailed on it. This Shoot Key will automatically display your child's class photograph. It is then an easy process for you to shop online and purchase the photograph you want. The College will also receive a number of order envelopes for those of you who do not have access to the internet or do not wish to use this system.

If you place your order before 27 May, you will receive free delivery for your photo orders to the school and your child will bring the photographs home.

Any orders placed after this period will be sent directly to your specified delivery address and will incur a postage & packing charge. You will see this message when you go online to view and order your photographs.

Homework Support Groups

The College Library opens at 8.00am remains open after school every day <u>until 3.40pm</u>, providing an excellent homework space for all students.

Subject/Faculty	What help is offered	When	Where
English	Assessment and homework help	Thursday 3.20 - 4.20pm	F10
ESOL	Writing, reading, understanding the language of subjects that ESOL students are studying	Tuesday 3.20 – 4.20pm	L6
Mathematics & Statistics	Study tips, general subject help, homework help, clarification and feedback about internal/external assessment requirements, extension opportunities	Every lunchtime	G15
Music	Rehearsal space is available (and supervised) – booking system External and Scholarship workshops	Mon/Tue/Thu/Fri - before school; Mon/Wed/Fri – lunchtimes; Mon-Thu afterschool During study leave	Music Suite
Te Reo Maori	Marae open for students wishing to study Individual help at any time Tutorials during study leave (Level 1-3)	Interval and lunchtime	Marae
International Languages	Computer room open for language students to catch up with homework	Wednesday Interval/lunchtime	C5A
Senior PE	Homework Club	Thursday after school	I2
Student Agency Group	Pasifika Homework Club	Wednesday morning 7.30 – 8.30am	Library
Visual Arts	Individual support progressing student folio boards Extra assistance for achievement of internal standards	School holiday workshops Terms 2 and 3	B8 – B12
Drama	Rehearsal spaces for groups working towards a practical assessment Tutorials and individual help for external assessment	As required	PAC, B1, B6 B6
Science	Assessment and homework help Y9 – 11 As required for Y12 & Y13	Thursday lunchtime	G8

ASB

Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate to your chosen participating school:

\$500

ASB lending criteria and terms apply. Fees may apply. To be eligible for this donation your new home ban application must be received, approved and then documented in a facility agreement, along with the completion of a school donation voucher, between 1 July 2017 and 30 June 2018. A minimum of 20% equity is required in the security property provided to ASB. This home loan offer is only available on loans secured by an owner-occupied residential property. Only one donation will be given per customer. Donations will be made by ASB on behalf of the customer to the chosen school upon full draw down of the new home loan. This offer excludes loans for business purposes and bridging.

Sports Scene

Greater Auckland Secondary Schools Athletics Championships

These were held at Mt Smart at the end of Term 1. To qualify for this event an athlete must be one of the best 16 in all Auckland. This year 3 of our students qualified to compete. Competition was (predictably) very tough. Our athletes performed extremely well:

Jessika Varney (Y12) - 6th Sen Girls 100m Alastair Crasto (Y13) - 10th Sen Boys Discus Bhakti Patel (Y11) - 1st 100m Para Athletes, 1st 200m Para Athletes

Jessika was the 8th fastest qualifier (13.87s) for the 100mn final but ran a fantastic race to improve her time to 13.68s and punch well above her weight in the final to finish 6th!

Team Talk

Summer Sports

Most are now finished for Term 1. All players have represented the school with energy and pride and several teams have been very successful.

Water Polo

Congratulations to our Senior Water Polo team which finished 1st in their weekly competition (Senior C Boys). This is a mixed team which plays in the boys' division, so the victory was especially sweet. They have just competed in the North Island Secondary Schools Championships which were held at various venues around Auckland. They finished a very creditable 7th in this very physically and mentally demanding competition.

Dragon boating

The Auckland Secondary Schools Championships were held at Lake Pupuke 18 March. This event is quite unique in the AKSS calendar as it has a fun, family friendly event in which each team is in fierce competition on the water but welcomes their competitors ashore with high fives.

We had 3 crews (each of 20 paddlers and a caller) involved -2 mixed and 1 boys teams. They all had a fantastic day with each team competing in 3 500m races and 3 200m races. "Lynfield Fire" (boys) came home with a bronze medal for the 200m. Also, in the 200m & 500m races "Lynfield Fury" paddled their way to our first medals for a mixed crew when they won bronze!

Orienteering

The weekly competition has now concluded and several of our students performed very well in the series:

Senior Girls

1st Danielle Matthews 4th Nene Matsuki 5th Niamh Masterson 8th Emily Gossen 10^{th=} Amy Bernstone and Esther Tomkinson

Junior Boys 6th Liam Mulvaney 7th Russell Dundang

Junior Girls 9th Eesha Mahimkar

Congratulations to Danielle Matthews, Niamh Masterton, Nene Matsuki, Emily Gossen who qualified for the Sprint Finals that were held Saturday 7 April at Macleans College and Unitec. Esther Tomkinson and Amy Bernstone were given wild card entries into this event.

Cricket

The 1st XI Boys' team has finished the first half of the season in 1st place in the Senior Morning A competition. Last weekend's result against Auckland Grammar was another big win. Auckland Grammar were 87 all out, Lynfield scored Lynfield 91-2 giving us a win by 8 wickets. They will play the second half of their competitions in Term 4.

Touch

Held at Cornwall Park this year, our senior teams performed very well. Congratulations to the **Senior Boys** team who **won the Central Zone Boys competition**! The Senior Girls team finished 3rd in the Central Zone Girls competition. Thanks to staff coaches Joel Hicks and Darren Mamea, and managers Joanne Smith and Frances Maihi on the work they did to get the teams to this standard.

Rock Climbing

Introduced last year, Rock Climbing has become very popular. Term 2 sessions begin next week and 21 students are taking part in the Thursday afternoon sessions.

Tennis

The weather has interfered with some games but this has not dampened the enthusiasm of our players. There has been some excellent tennis played by our students with some games being very intense for quite a long time!

Senior A2 Boys Tennis team

The most exciting result was that of our Senior Boys team who played in the Senior A2 grade. Team members are: Stanley Long (Y9) Nicholas Curin (Y10) Ethan Lobb (Y11) TJ Piacun (Y11) Toby Runting (Y12) Thomas Cornish (Y12) Ishaan Bhide (Y12)



Their semi-final game against MAGS brought a win by 1 game, however, MAGS thought we had broken the rules regarding the correct playing order for our players. This resulted in a default loss for our team only 1 day out from the final!!. After presenting the facts to College Sport they agreed to investigate further and found we had NOT broken any rules so were entitled to play in the final for this grade against Auckland Grammar.

Sigmund Sue, teacher in charge of tennis reported on this very exciting final:

"We played the final at AGS this afternoon (Wednesday 11 April), it was hastily arranged during the weather induced day off. It started spitting as the matches started.

After the doubles we were 2-1 up in matches, the match we lost went to the tie-breaker which was the bottom doubles. **Nicholas Curin** won his singles at No.1, 6-4 to make it 3-1 in matches. **Thomas Cornish** went down in a match which was closer than the score (3-2) shows. By this time, it was steadily drizzling and very cold. **Stanley Long** won his singles at No.3, 6-3. This made us 4-2 up in matches.

Toby Runting was 4-1 down in his singles playing No.5 and **TJ Piacun** at No.4 was having a tough game.

Ethan Lobb at No.2 was 4-2 up but in a blink of an eye it was 4-4!

We thought it was going to come down to Ethan's singles. Suddenly Toby's body language began to change, and he was fist pumping which seemed out of character for somebody of his demeanour and in his position. As we were more closely watching Ethan's game we suddenly saw that Toby had finished. We dared to dream having seen aforementioned fist pumps minutes earlier, but he wasn't giving much away, so much so that we had to ask him the result. He had come from 4-1 down to rattle off 5 straight games and won 6-4!! This made us 5-3 up in matches.

Ethan held on to win and TJ fought bravely to just go down. That meant he result was 6-3 in matches to Lynfield and A2 Senior Boys tennis champions!!

The team and parents were absolutely ecstatic, as you can imagine (four of the boys had a parent come to watch), especially after the roller-coaster of edging the semi-final – being defaulted and then having the default over-turned. Thankfully there was no hint of any controversy today. The match was played with truly fantastic sportsmanship and spirit between the two teams.

In the context of Auckland school tennis, the top 8 teams of 4 players play A1 which is a crazily high level even by most senior interclub standards. There are two tiers of A2 of which our team has won the second one. Then there is A3 below that. This is a result that in my opinion is as good as can be achieved by a school with the number of tennis players we have and is the best Saturday school tennis result in the 15 years I have been involved in tennis at the College. "

Event	Winner(s)	Runner(s)up
Senior Boys Singles	Ethan Lobb	Toby Runting
Senior Girls Singles	Celesti Tan	Stella Piacun
Senior Boys Doubles	Ethan Lobb and Nicholas Curin	Toby and Jake Runting
Senior Girls Doubles	Celesti Tan and Stella Piacun	Anjali Hira and Sophie Stanimoroff
Year 11 Boys Singles	Blake Southgate	TJ Piacun
Year 11 Boys Doubles	Sam Boasman and TJ Piacun	Blake Southgate and Dartagnan Kwan
Junior Girls Singles	Zara Ranchod	Jessie Chen
Junior Girls Doubles	Jessie Chen and Eesha Mohikmar	Zara Ranchod and Zoya Qureshi
Junior Boys Singles	Nicholas Curin	Stanley Long
Junior Boys Doubles	Xiaojian Guo and Michael Jury	Stanley Long and Rosame Wells

Lynfield College Tennis Championships Results

Tag

A senior boys team and a senior girls team entered the Central/West Secondary Schools Tag tournament next week. Watch this space!

Uniform return

Most summer sports are now complete. Summer sports uniforms should be returned to the Sports Office as soon as **possible.** When players return their playing strip they will be refunded their \$25 uniform bond to their nominated bank account. Any students with outstanding Sports uniform or fees will NOT be able to play another sport for the school until they have addressed this issue with the Sports Office.

Sports Fees payment

Payment of sports fees and uniform bonds can be made at the Accounts Office, Sports Office (which has eftpos facilities available) or online.

Physiotherapist

We now have a physiotherapist on site every Tuesday and Friday. This service is free for ACC injuries. Appointments can be booked through the school nurse. We encourage students to address injuries as soon as they occur, so they will need less attention in the long run.

Winter Sports

Final trials are taking place next week for winter sports and team selections posted on the Sports Office noticeboard. Once students have been placed in a team they must meet all training and game commitments, as well as pay their fees to secure their place in the team. All students in sports teams will take home a letter containing important information (eg playing dates, venues, costs) soon after selection. In fairness to all involved, all fees must be paid prior to the first game of the season, as per our NO PAY = NO PLAY policy.

Pre-season games

Football and rugby have organised several pre-season games, which are largely being played at home. These are excellent preparation for the competition season, which begins the first week of next term.

Rugby

The new rugby programme is well underway. Strength and Conditioning sessions have been running each Tuesday and Thursday morning throughout this term. After school training has just begun every Tuesday and Thursday and this will continue throughout Term 2. It is great to see both boys and girls working together on a wide variety of skills, largely based around safe play on the rugby field.

The programme is being led by a committee comprising parents of our players, staff members and community coaches. We urgently need a committed coach for our girls' rugby team.

Help needed urgently

Managers needed for all our 50+ winter sports teams. Please take time to consider whether you could manage a team. Remember, to manage a team you do not need knowledge of the sport, just to be a channel for communication between coach and players as needed and help organise (not necessarily provide) transport to games. We will not enter a team into a competition unless it has both a coach and a manager!

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If you or anyone you know is able to help us in any way we would really like to hear from you. There are plenty of openings available!! Please contact the Sports Office 627 0600 ext 595 or email Felicity Walbran (Sports Director) <u>fwalbran@lynfield.school.nz</u>

We **urgently** need coaches for: Football - Junior Boys Hockey – 2nd XI Boys

Individual Honours

Congratulations to the following students who have recently excelled in their sport:

Samantha Martin (Y11) was very successful at the Auckland Age Group Swimming Championships help at Westwave 16-18 March. She placed:

Silver - 400m Individual Medley (PB) 6th - 200m Individual Medley (PB) 3rd - 15 & Over 100m Butterfly (PB) Gold - 16 year old age group 100m Butterfly Silver - 16 year old age group 400m Freestyle Gold - 200m Butterfly (PB)

Samantha was also selected to swim in the super final (which is the top 8 swimmers over all age groups) for the 200m Butterfly. She went into this final ranked #8 and pulled herself up to 7th.

Ben Henwood (Y11) was also very successful in Division 2 of the National Swimming Age Group Champs where he won: Gold - 400m Medley relay (4 x 100m) where Ben swam the backstroke leg Gold - 200m Medley relay (4 x 50m) where Ben swam the backstroke leg Gold - 400m Freestyle relay (4 x 100m) Silver - 200m Freestyle relay (4 x 50m)

Ben also reached finals of: 50m, 100m & 200m breaststroke 50m, 100m & 400m freestyle 50m & 100m backstroke

Qibang Chen (Y11) and Sophie Bradley (Y11) both competed in U17 football tournaments recently.